



TRAUMA REBOOT



TRAUMA HEALING FOR **EVERYONE**

Trauma REBOOT is a 12-week, faith-based, peer-led course empowering everyday people to overcome trauma and embrace a brighter future.

Too many never really heal from trauma, and trauma ends up controlling their lives. Maybe that's you.

Through practical teaching and a supportive community, Trauma REBOOT can help you begin to break free from the pain of your past and find renewed purpose and strength. It won't be easy, but it will be worth it.

More than **25,000** people have graduated from REBOOT courses and overcome trauma. **Are you next?**



REBOOT courses meet once a week for 12 weeks.



REBOOT courses are led by people like you. No judgment, total privacy.



REBOOT is open to anyone, no matter what you've been through.



REBOOT is faith-based but not preachy. All are welcome, all can heal.

REBOOT
RECOVERY



Local course starting soon! Register to join:

REBOOTRECOVERY.COM/JOIN

